

Beginners Week 3

Pinelands K9



Agenda

- Review Sit, Down, Stand, Sit Stay, Recall, Watch Me
- Heeling
 - Work towards Automatic Sit when Heeling
 - Talk to your dog, tell them about your day. Happy voice.
- Changing Speed
 - Slow, Normal, Fast
- About Turns
- Stand/ Stay
- Sit Stay – During Praise
- Automatic Sit – back and forth stopping frequently
- Things to Remember

Review

Each handler should demonstrate

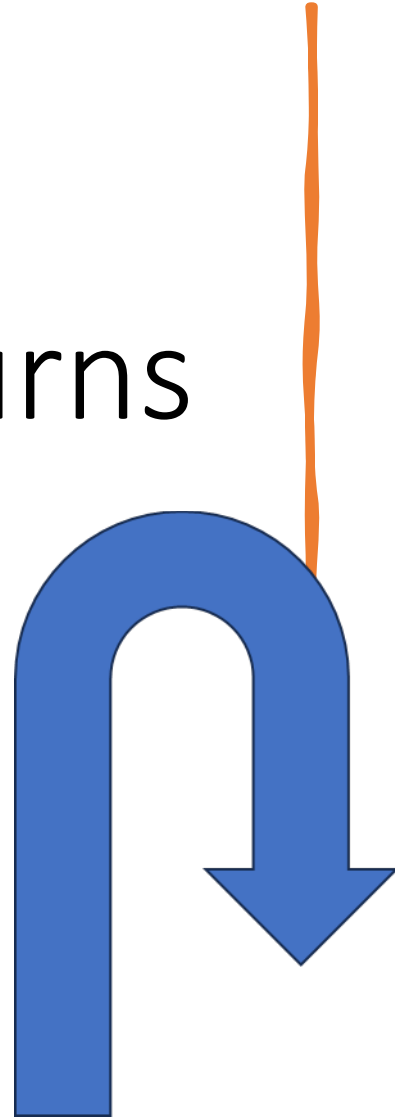
- ☐ HEELING
- ☐ SIT
- ☐ DOWN
- ☐ STAND
- ☐ OWNERS EXAM
- ☐ SIT STAY
- ☐ RECALLS
- ☐ WATCH ME

Speed Change when Heeling

- Slow, Fast, Normal
- Your dog should stay in heel position even when you speed up or slow down.
- While you are doing a heeling exercise vary your speed. Start to trot and encourage the dog to remain in heel position
- Be careful that the dog does not cross in front of you and trip you.
- Return to Normal pace
- When you are ready to slow down be ready to give a correction right away if the dog does not slow down with you. “Easy, easy” pop the leash a little if they do not slow down.
- Continue slowly. Then go back to Normal pace.

*** Your dog should match your pace.

About Turns



- An about turn is always to the right, away from your dog. Your dog will learn this movement easily if you watch what you're doing with your feet.
- Start with your right foot, and cross your left foot in front of the right.
- Count 1-2-3 as you make the turn so you're not tempted to turn too tightly for your dog.
- Encourage your dog to keep up with you and if slow pop the leash to get them to keep up. Talk to them until they get it "Lets go, Lets go"
- When you pop the leash it should be low and next to your dog, not above the dogs head.
- If your dog is looking the other way, give him a quick correction and encourage him with your voice.
- Don't guide or drag with the leash.
- Give corrections only when necessary, always followed by praise

Stand Stay

- **STAND YOUR DOG**

- With your dog in a sit (in heel position), Stand your dog.
- If your dog will hold the stand....

STAY

- Using your right hand flat across your body, say STAY and put your hand across in front of your dog.
- Turn out in front of your dog, immediately in front. Count to 10 and return. If your dog moves out of place....return to heel position and start over.
- Be careful not to tug on the leash
- Start with right foot. You do not want your dog to think you want them to come with you. (Unlike heeling where you start off with the left foot or foot closest to the dog)
- When you return to your dog, release and praise.

Gradually you will move back until you are at the end of the 6ft leash.

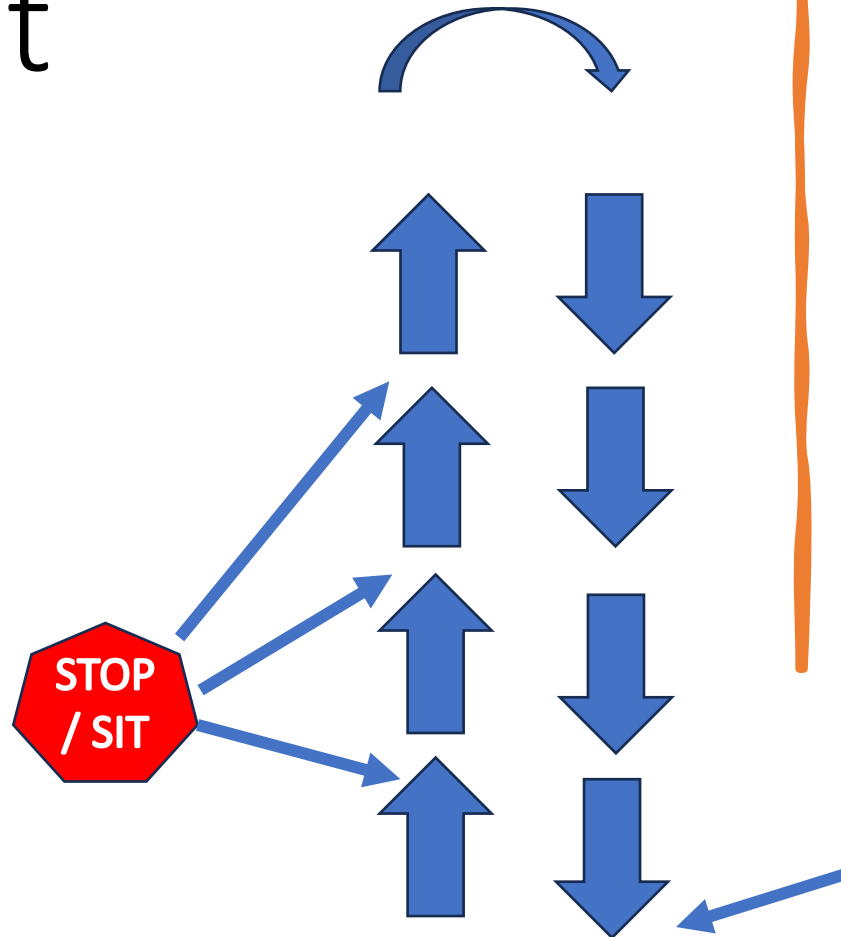
Sit Stay During Praise



SIT/STAY DURING PRAISE:

- Put your dog in a SIT/STAY in the heel position.
- Look at your dog and praise him with a happy voice. (happy excited voice)
- Your dog should not get up.
- If he/she does, put him back in the SIT/STAY and try again.
- Don't get frustrated, just keep trying.
- When the dog finally does it right, that's the end of the exercise.
- Use your release word and give lots of praise

Automatic Sit



PRACTICING AUTOMATIC SITS

- Start at one end of the ring or working area
- Start off heeling, straight ahead (left foot first)
- Take a few steps and STOP
- If your dog does not sit, tell them to sit
- If they do not sit right away, show them to sit
- DO NOT keep saying sit. Say it once.
- Eventually your dog should stop and sit when you stop.
- Continue to take a few steps and stop to the other side of the ring.
- Turn and go back the same way.

Things to Remember

Collars

- Training collars are to be used only for training sessions (here or at home). It is safer to use a flat collar on your dog when not training.

Remember

- Remember to give the command ONCE and then follow through and show your dog what you want them to do.

Recall

- Recall could save your dogs life. Practice daily. Do not use the command unless you can re-enforce it (on a leash to correct)

Circle Left / Circle Right

- (Later Lesson) Whether circle left or circle right, when you complete the circle, you should be going in the SAME direction before you started the circle. About Turn takes you in the opposite direction you were going.

Things to Remember

Praise

- Praise with your voice ONLY when you are working on an exercise with your dog. Praise with your voice AND petting when the exercise is finished.

Train

- Train your dog for 15 minutes, once or twice a day. Some commands should be part of everyday life, like walking on the leash without pulling and doing a sit-stay at the door instead of bolting out.

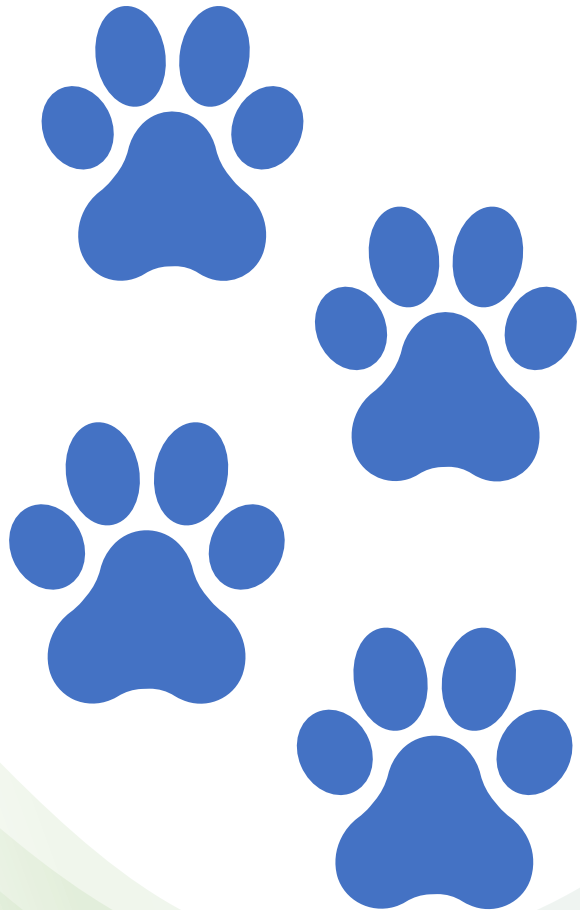
Do not feed

- Do not feed your dog for at least 2 hours before training. Suggest feeding dogs about ½ hour after resting from a training session.

About Turn

- Turn Away from your dog (to the right) and continue in the opposite direction (this is U Turn with your dog).

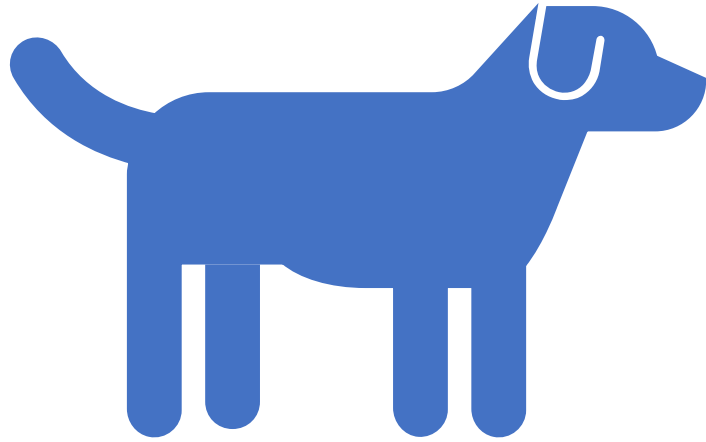
Things to Remember



Things to Remember

- Use toys, treats, etc. to keep your dog's attention on you during a session. However, remember the key word is PRAISE (lots of it). Most dogs respond best to this.
- Two short sessions per day are better than one long one. Also you should train your dog at least 5 days per week (class not included).
- Please only use the designated areas for your dog to potty. Here or anyplace else. Do not let your dog pee on anything that someone may have to touch (trash cans etc).
- Always drive slowly when you are in an area with dogs. This includes the 4H when you come to and leave class as well as any dog events you may attend.

Things to Remember



- Keep treats on hand while training, but try to transition to praise
- Treats should be small and easy to eat
- Make sure collar is on correctly
- Enter the building keeping space between dogs
- Practice, Practice, Practice
- Continue to practice “Sit, Down and Stand” until you can keep your dog in position for 30 minutes. It takes work.
- You can always repeat Beginners class to reinforce what you have learned and have a distracting place to practice it.