

**Beginners Week 2**

Pinelands K9



# Agenda

- Review Sit, Down, Stand, Heel (Position, Leash, start (Forward) and stop(Halt) )
- Heeling
  - Work towards Automatic Sit when Heeling
  - Work towards the “J” leash
  - How the leash should be held
  - Talk to your dog, tell them about your day. Happy voice.
- Sit Stay – learning the Stay command
- Long Sit - Discussion
- Long Down – Discussion
- Owner Exam
- Watch Me
- Recall
- Things to Remember

# Review

Each handler should demonstrate

- ☐ SIT
- ☐ DOWN
- ☐ STAND
- ☐ HEEL

Forward and Halt

# HEELING

- Work on Heeling
  - Correct folding of leash – “J” loose leash
  - Correct position of the leash on left at the hip
  - Correct position of the dog before starting
  - Correct Start: Dog’s Name and Heel
    - Start with left foot first
  - Halt, Automatic Sit

# SIT STAY

Position your leash above your dog's head, so the end of the collar that's attached to the leash comes up between the ears.

- Stand in the heel position.
- Sit your dog.
- With your right hand across your body and flat, put the palm of your hand gently in front of your dog's nose and say the command "STAY". Do not touch your dog's nose, and don't move too quickly with your hand.
- Pivot directly in front of your dog, keeping upwards pressure on the leash. You should move in front of your dog starting with your right foot.

Be ready to correct him the instant your dog tries to get up.

- Count to ten
- Swing back into heel position.
- Use release word and then LOTS of praise

When your dog can stay every time to the count of ten, have him stay to the count of 30. We will slowly increase the time.

Don't use your dog's name on this command.

# LONG SIT

## -Discussion

- Long Sit

- Place your dog in a sitting position while you sit in a comfortable position in a chair next to the dog.
- Keep a leash on your dog. Be prepared to put your dog back in position should they get up.
- Keep the dog in the sitting position for 30 minutes (gradually ,starting at 5 minutes), then release and praise him.
- Do this once a day for three times this week.
- If your dog lays down, get them back to a sit position.

# LONG DOWN -Discussion

## Long Down

- We suggest alternating this exercise with the Long Sit (described previously) and do one today, the next day do the other exercise.
- This will help you make the most use of your training time.
- This week, you may sit in a chair while the dog is in a down position beside your chair for 30 minutes (gradually build to 30 minutes starting at 10 min).
- Do this three times this week. Be sure the dog remains down.
- Release from this position even if you have to wake them up!

# Owner Exam

## Owner Exam

- Put your dog in a STAND/STAY.
  - Touch all four paws
  - Check ears
  - Check eyes
  - Check teeth
  - Touch tail
- Your dog should remain still during this exam.
- Don't let them sit or back away.
- If they move, start the exercise over with the STAND/STAY
- Do the exam once a day until your dog becomes very comfortable with it.



# Watch Me

## Watch Me

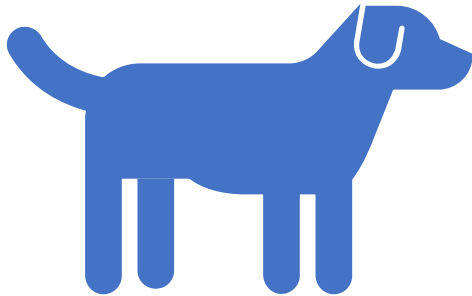
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Gently tell your dog to "watch me" or "look at me". The instant the dog makes eye contact, praise, praise, praise, and give a treat. Treat should be given with left hand.

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Do this during class any time your dog's attention wanders.

# Recall



## Things to Remember on Recall:

- Happy verbal praise as they come toward you. (on their own or with leash encouragement)
- Open arms “Yaay good SPOT, yaay”
- No matter what the circumstances, do not show anger. Your dog will not want to come to you again if they suspect you are angry with them.

# Recall

- Different ways to practice Recall - This exercise could save your dog's life.
- As you are heeling with your dog, every now and then reverse directions backing up a few steps calling "SPOT, COME!"
- You can also be out for a walk with your dog giving them the full length of the leash to explore. “SPOT COME!”
- If your dog doesn't immediately start in your direction (do not wait and do not repeat the command) The leash should be gathered with light tension bringing them towards you immediately after the first time you give the command.

# Things to Remember

## Collars

- Training collars are to be used only for training sessions (here or at home). It is safer to use a flat collar on your dog when not training.

## Remember

- Remember to give the command ONCE and then follow through and show your dog what you want them to do.

## Recall

- Recall could save your dog's life. Practice daily. Do not use the command unless you can re-enforce it (on a leash to correct)

## Walk

- Walk your dog before training or class so that there are no accidents during a session.

### Praise

- Praise with your voice ONLY when you are working on an exercise with your dog. Praise with your voice AND petting when the exercise is finished.

### Train

- Train your dog for 15 minutes, once or twice a day. Some commands should be part of everyday life, like walking on the leash without pulling and doing a sit-stay at the door instead of bolting out.

### Do not feed

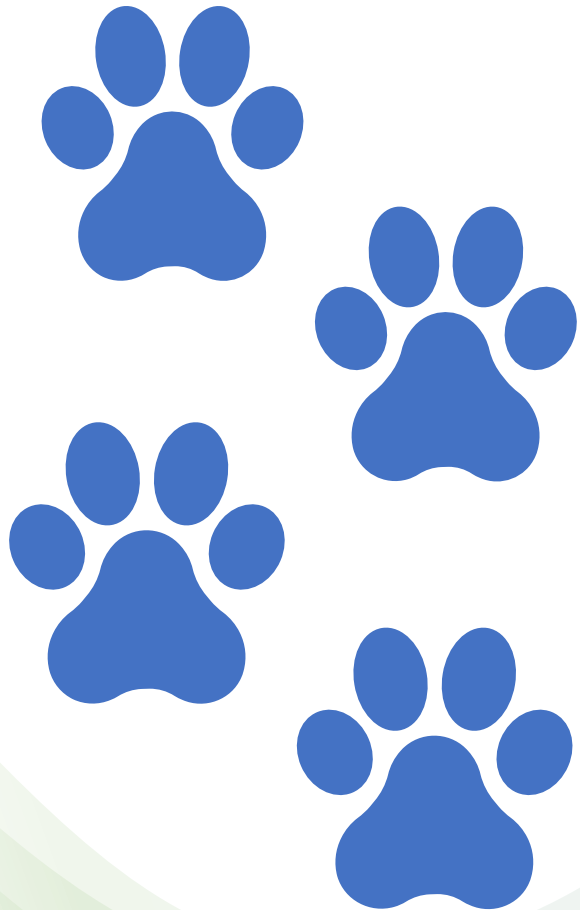
- Do not feed your dog for at least 2 hours before training. Suggest feeding dogs about ½ hour after resting from a training session.

### Etiquette

- Keep dogs apart. No sniffing noses or butts. Class time is not playtime
- Do not let your dog sniff the dog in front of him while we work.

# Things to Remember

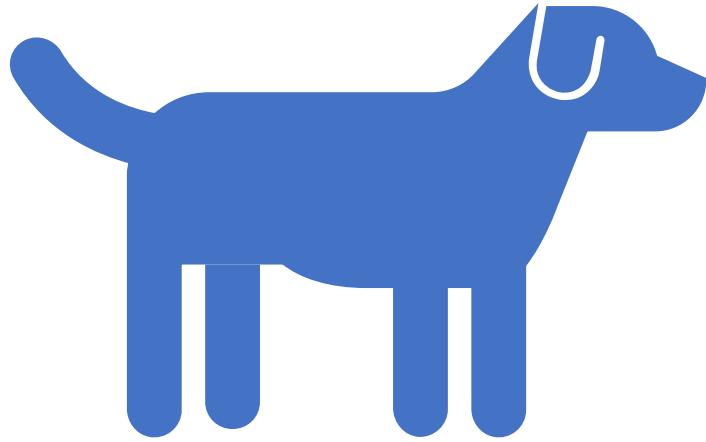
## Things to Remember



## Things to Remember

- Use toys, treats, etc. to keep your dog's attention on you during a session. However, remember the key word is PRAISE (lots of it). Most dogs respond best to this.
- Two short sessions per day are better than one long one. Also you should train your dog at least 5 days per week (class not included).
- Please only use the designated areas for your dog to potty. Here or anyplace else. Do not let your dog pee on anything that someone may have to touch (trash cans etc).
- Always drive slowly when you are in an area with dogs. This includes the 4H when you come to and leave class as well as any dog events you may attend.

# Things to Remember



- Keep treats on hand while training, but try to transition to praise
- Treats should be small and easy to eat
- Make sure collar is on correctly
- Enter the building keeping space between dogs
- Practice, Practice, Practice
- Continue to practice “Sit, Down and Stand” until you can keep your dog in position for 30 minutes. It takes work.
- You can always repeat Beginners class to reinforce what you have learned and have a distracting place to practice it.